



CANTEEN TERM 4 SUMMER MENU 2018



Fresh Sandwiches & Wraps

(available by order only)

(available on White, Wholemeal or Gluten-free Bread)

Vegemite	\$3.00
Vegemite & Cheese	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Salad	\$4.50
Egg, Mayo & Lettuce	\$4.00
Chicken & Salad	\$4.50

Green Foods = everyday foods
(most nutrient-rich foods)
Amber Foods = sometimes foods
Red Foods = Occasional foods



Toasties

(available by order only)

(available on White, Wholemeal or Gluten-free Bread)

Cheese Toasty	\$3.70
Ham & Cheese Toasty	\$4.20
Ham, Cheese and Tomato Toasty	\$4.70



Hot Food

(available by order only)



Mini Tacos (Mexican Beef mince, Lettuce, Tomato and Cheese)	\$2.00
Homemade mini Sausage Rolls	\$1.00
Garlic Bread	\$1.00
Four n' Twenty Pie	\$4.50
Sausage Roll	\$3.50
Party Pie	\$1.00
Party Sausage Roll	\$1.00
Steamed Dim Sim	\$1.00
Chicken Nugget	\$1.00
Hot Dog	\$3.50
Hash Brown	\$1.00
Chicken Skewer	\$3.00
Nachos (with Salsa & Cheese)	\$4.00
Chicken Souvlaki (with Tomato, Lettuce, Onion and Tzatzaki)	\$6.50
Beef Lasagne	\$4.00
Beef Hamburger (with lettuce and Tomato)	\$6.50
Chicken Burger (Breast Schnitzel with Lettuce and Tomato)	\$6.50
Spaghetti Bolognese	\$4.00
Pasta Carbonara	\$4.00
Pasta Napolitano	\$4.00
Spinach & Ricotta Cannelloni	\$4.00
Pizza (Hawaiian or Meat Lovers)	\$4.00
Home-made Fried Rice (with Ham and Veggies)	\$4.00
Fresh Corn on the Cob	\$1.00
Sauce (Tomato, BBQ or Soy)	20c



Heathy Salads

(available by order only)

Chicken Salad	\$6.00
Chicken Caesar Salad	\$6.00
Garden Salad	\$5.00



Over The Counter Treats

Fruit Skewer	\$2.00
Seasonal Fresh Fruit	\$1.00
Fresh Fruit Salad Cups	\$2.50
Home-made Cookie (Choc Chip) or (Shortbread) or (Jam Drops)	\$1.00
Pikelet	50c
Home-made Mini Muffin	50c
Home-made Large Muffin (Choc Chip) or (Blueberry) or (Apple)	\$2.00
Banana Bread	\$1.00
Jelly Cup	\$2.00
Zooper Dooper	\$1.00
Frozen Juice Cups	\$1.00
Frozen Yoghurt Cups (Strawberry)	\$1.00
Mango Smoothie Cups	\$1.00
Home-made Pizza Muffins (Cheese)	\$1.00
(Ham & Cheese)	\$1.50
(Ham, Cheese & Pineapple)	\$2.00
Ham & Cheese Hot Pockets	\$1.50
Popcorn (lightly salted)	\$1.00



Drinks

Bottled Water (600ml)	\$2.50
Flavoured Milk (Choc or Strawberry)	\$3.00
Apple Juice Box	\$2.50
Hot Chocolate	\$1.00



Please remember to place an order with a brown paper bag with the Child's name, class and order money inside. Bags are available from the canteen for 10c