Do you want to try an exciting sport that incorporates elements of dance, gymnastics, ballet, singing and acting?

Calisthenics is a sport for everyone! It combines the best aspects of sport and the performing arts and can be enjoyed by all ages and abilities. Primarily a team sport, calisthenics teaches its participants about commitment, confidence, team work and sportsmanship whilst promoting friendships which last a lifetime.

For more information, email us info@maroondahcal.asn.au
www.maroondahcal.asn.au

FREE classes during Term 4
Tuesdays 4.30pm - 5.30pm
13th October - 17th November (5 classes)
Tinies 3-7yo Subies 8-10yo
Enquiries welcome for older age groups
Bedford Park Scout Hall Ringwood

Phone Kelly on 0433 038 770 to register your place
JumpFit Fitness Classes

Jump in with our JumpFit classes and have a blast whilst burning off those unwanted calories. $15 sessions (45mins)
Booking is essential

After School Programs
Learn some techniques, nail new tricks in our after school program. It’s a fun way to make new friends and get fit.
$15 per session, 6 sessions for $60

$10 Junior Jumper Super Sessions
Parents are FREE* (school terms)
10am-3pm Mon to Fri unlimited access to trampolines and Kidszone
(1 free parent per child, grip socks extra, child must be under 110cm)

20% off Weekday Parties
school terms only

Book 2 hours Birthday Parties Now!
Run by dedicated party hosts, exclusive access zone-by-zone, starting from $27pp with food and drinks included
Bonus 1 Hour at KidsZone for kids under 120cm

Perfect Birthday Gift Ideas!
JumpDeck Gift Card

JUMPDECK FAMILY PASS
2 Adult +2 Children $40
(grip socks extra).