Volume 18 Issue 30  8 October 2015

NEWSLETTER

Watch this space for notices sent out each week.
If you have not received any of the following notices, please ask your child’s teacher or contact the school office.

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Have you got your entry in for the Photography Competition?

Give your photos to Mrs Bosomworth or email her on: bosomworth.ann-maree.a@edumail.vic.gov.au

Competition closes: 19 October

Help us reduce paper use across our school by receiving your copy of our weekly Newsletter electronically!
To subscribe to our weekly email distribution list simply email: great.ryrie.ps@edumail.vic.gov.au and post “Subscribe Newsletter” in the subject line.

From the Principal:
Welcome back to everyone after our term vacation. We hope you had a safe and enjoyable break!

We would especially like to welcome those new students and families joining Great Ryrie for the first time.

In addition to half a dozen new students, we also have Ms Roisin Mullan commencing her contract with us as the new teacher in 34K, while Mr Kendall is on Long Service Leave. Ms Mullan will be with us until the end of the year as Mr Kendall will not be returning in 2015.

Welcome back also to Ibu Breen and Mrs Pechar who were both on leave during the second half of term 3.

Sunsmart Hats:
Remember, all children must wear the school Sunsmart hats during recess and lunchtime every day, when at school and when on school excursions, between September and April each year.

Only a school Sunsmart, hat purchased through the uniform store is acceptable. All other hats are not approved school uniform.

Hats must be kept in good condition and be repaired or replaced if damaged or frayed. They must be clearly named (on the inside) and not covered with graffiti.

Do you know what each word in “Slip, Slop, Slap, Seek and Slide” stands for?

Even children in year 6 must wear a school approved hat that is in good condition, up to and including the last day of the school year.

Hats can be purchased from the uniform store for $11.50 each.
3 Way Conferences:
3 Way Conferences with interpreters available (for parents who speak another language) will be held on the afternoon of Wednesday, October 14 (parents will be advised of their time).
Conferences for FDB, will be held on the afternoon of Tuesday, October 13 (Mrs Bell will arrange a time with you ASAP).
If you didn’t get a chance to attend a 3 Way conference with your child, remember you can arrange a mutually convenient time to meet with your child’s teacher at any stage throughout the year.

ILPs:
Individual Learning Plans for your child should now be posted on Compass. If not please contact your child’s teacher!

Dogs at School:
While dogs make wonderful family pets, even the most well-behaved puppy can be a risk in a busy school ground, especially at the start and end of the day when children are milling around classrooms in large numbers.
Both children and dogs can be unpredictable and we do not want any one frightened or hurt.
Rather than wait out on the footpath at busy times parents are welcome to bring their dog onto the school oval when dropping off children or collecting them from school.
We require that you have control of your dog on a lead at all times and that you collect any excrement in a baggy to take home!
We encourage walking to and from school daily, and a walk with the family dog can be a great way of enjoying the walk.
So arrange for your child to meet you and the dog on the school oval at the end of the day and say goodbye to your children from the oval in the mornings.

Classes for 2016:
We will soon be planning classes for 2016. This is a complex process involving a range of factors and allocations will not be finalized until the last weeks of the school year.
Parents are reminded that while we do not accept requests for placement with individual teachers, we do take into consideration relevant information, based on educational needs, which can help us with the placement process and we try to place students with at least one known friend, if possible.
Any information you have as a parent needs to be put in writing, to the principal, by October 24, even if you have provided this information to the school or to your child’s teacher earlier this year, or in previous years.
In addition to information provided by parents, we also need to consider the gender balance, age composition, academic, social and special needs of each class group.
Parents should also be aware that teachers often move between schools or between year levels and there is no guarantee that any of the teaching teams will remain the same from year to year, in fact we usually expect a third of staff to move around.
While we do try to have teachers with the same group of students for two years running, this is not always possible.

Transferring out or in??
Are you leaving us at the end of 2015 or do you know of a family that is moving in?
To help us with staffing and class placements we need to know your plans for next year. If you are moving further afield in 2016 and will not be with us please let the office know ASAP.
Similarly if you know of someone who is planning to enroll, they need to do so quickly, so that we can ensure we have a staffing plan and class placement ready for the start of the year!

Wishing you a great weekend!
Doug Elliott
Principal
“Every Child, Every Opportunity, Everyday, Everyone’s Responsibility…”

Reminders:

No Parking Allowed in Heathmont Place!
Parents are reminded that Heathmont Place, behind the school, is a private development and is not available for parents to park or drop off students.
There are however pedestrian access paths leading through Heathmont Place from Heathmont Road towards and into the Kitson Street Park.
Parents are encouraged to park in Heathmont Rd and walk along the footpaths on Heathmont Rd and Kitson St to access the school via Great Ryrie St.

Reminders From the Office

Important Dates

Payments due:
Years 5&6 camp: 12 Oct; 9 Nov; 8 Feb; 7 Mar
**Community Notices**

Is there some good news in your family that you would like to share with the rest of GRPS? A new addition to the family, a win in a Grand Final, a great sports game ... Let the office have the details by Tuesday evening and we’ll let everyone know!!

**Congratulations** to Barbod Yakhi (12R), and his family as they welcomed a new addition to their family on Monday. Barbod’s brother, Barad, weighed in at 3.69kg. Everyone is doing fine!

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**Head Lice**

A reminder to parents to be vigilant with regard to head lice. Spring is prime head lice season. Please check your children’s heads regularly.

If your child has had lice and you have treated it, don’t forget to re-treat about 10 days later to ensure any residual eggs are also destroyed.

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**CONGRATULATIONS**

**STUDENTS OF THE WEEK**  
12 October 2015

FDB Josef Scholten
FDJ Hunter Parks
FDK Ayush Rawat
FDW Dante Fisher
12A Pippa Warrender
12J Paw Tha Lan
12N Destiny Wikeepa
12R Man Pok Liu
12S Jade O’Brien
12V Darcy Swadling
34H Lucia Gibbs-Chaves
34J Anthony Westerveld
34K Tess Morton
34R Mia Nguyen
34W Sahara Sinclair
56B Honey Cin Zah
56F Sam Rhodes
56G Mawi Te
56K David Xia
56M Ben O’Dwyer

Performing Arts – Sienna Giles, Hayley Ferries
Visual Arts – Tom Dellow, Sylvia Dang
Indonesian – Paige Goldberg, Ben Kerwin
PE Elise Ball, Jacob Henry

These will be presented at assembly on Monday!

**Kids Teaching Kids**

On Thursday September 10 2015, Angelina Vida, Arden Thomas, Brigid Parkinson, Tyrese Pomponio, Alicia Recinos, Vann Chasemore and Caleb Stephens took part in the Whitehorse ‘Kids Teaching Kids’ Event at Yarran Dheran Nature Reserve. Bus transport was provided.

After an introduction at 10:00 am, they provided an audience for Vermont Primary School who had arranged a treasure hunt, talk and quiz. At 11:20 am, they took part in a workshop run by Whitehorse Primary School, learning all about bees. Here they made a bee hive, arranged rocks in a bowl for bees to drink out of without drowning and planted some seeds to grow into plants that attract bees.

Then at 12 noon, it was their turn to present to Box Hill North Primary School and Nunawading Christian College. They had half an hour. They performed a little play, organized activities for the audience to participate in and sang a song. At the end of their presentation, they handed out feedback sheets for the audience to fill in. They were very pleased with the positive responses, which they received.

They had to repeat their presentation again at 1:00 pm for Vermont Primary School, White Horse Primary School and Boronia Heights Primary School. They were not so nervous this time but received the same positive feedback.

After presentations at 1:45 pm, it was time to get back on the bus and return to school.

With their enthusiasm, excellent presentation skills and impeccable behavior, these students were wonderful ambassadors for Great Ryrie Primary School.

They would like to thank Ms Francis for giving up lunch and morning tea times to help them put on such a polished performance of their play and song, complete with dance steps.

**ART NEWS**

Don’t forget to get your entries in for Great Ryrie’s Photography Competition ‘Springtime in Melbourne’ which closes on Monday 19th October.

You can email your entries to me at bosomworth.ann-maree.a@edumail.vic.gov.au or print them off, place them in a clearly labelled envelope and hand in at the school office. Whether you are emailing or dropping them in it is very important to make sure that they have your name and class on the back of them and are labelled with the category that they are relevant to (ie. Foundation, Year 12 etc).

There’s still plenty of time to enter so get those snaps coming in!

Mrs Bosomworth

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**NUDE FOOD RESULTS THIS WEEK**

We encourage all children to bring their snacks, drinks and lunches, but leave their rubbish at home.

Especially on Tuesdays!

FDK 63%
12V 83%
34W 72%
56B 79%
Walk on Wednesdays (WOW!!)
Wednesday 16 September results
FDW 84%
12J & 12R 76%
34K 67%
56G & 56K 85%
Golden Boot: Congratulations 56K
Don’t forget WOW every week and see how many friends in your class you can persuade to get active!

Walk to School October
Walktober started on the first day of term 4 with many students participating from every class. It has been very exciting to hear more and more people walking to school with their friends! Students are using classroom calendars to track how many times they have walked in the month of October. Don’t forget that if you are at Osh Club in the morning, you can still participate by walking around the school oval!! Students that are walking 5 times per week will be placed in the draw to win prizes at every assembly for the whole month! WOW!!!!!! Walk or ride, it’s time to try!

Crazy Sock Day Thursday 8th October
Today we promoted Walk to school by wearing our craziest socks on our walk to school Students, parents and teachers participated!

PERFORMING ARTS
Please remind your children to bring their Music Bag and equipment to Performing Arts lessons throughout term 4. Students from Years 1, 2, 3, 4, 5 & 6 are required to bring this equipment to their Performing Arts lessons each week. Order forms are available from the office. These items are available through the school at a cheaper price than you would pay through retail outlets.

- Recorder - The one available through the school is the Yamaha descant recorder.
- Recorder Cleaner
- Recorder Book - The book that we will be using is called ‘Black Belt Recorder’ – Book 1.
- Music bag to keep recorder, sheet music and recorder book together.

- An A4 display folder - This will be used to keep additional photocopied music. (This is the only item not available at school)

INSTRUMENTAL PROGRAM
If your child learns an instrument at school as part of our Instrumental Program please pay the instrumental teacher for term 4 no later than 1 week after you receive the invoice. Some teachers are emailing these and some are sending home a copy with your child, so please check their school bag and check your emails. If you are having any difficulty with this arrangement please contact the teacher concerned. Failure to pay on time may result in the position going to another student on the waiting list. Term 4 instrumental hire fees are also now due. Please pay by the end of this week. If you have any concerns please contact Helen or Peta in the Performing Arts room.
Helen Francis and Peta Murray.

FUNDRAISING NEWS
Thankyou to those people who came along to our meeting in the last week of Term 3. We brainstormed some ideas for next year’s fundraising endeavours and compiled a draft calendar of events. Looks like another busy, but fun-filled year ahead! Just a few reminders for upcoming events :-
1. The East Ringwood Bendigo Bank BBQ will be held on Saturday 7th November at the East Ringwood Market. Pencil the date on your calendars and keep a look out for volunteer rosters coming home soon.
2. Great Ryrie’s Night Market is on Friday 27th November at school. If you or someone you know of might be interested in having a stall at the market, please contact Sarah Hanly on 0412 293 767 or by emailing sarahhanly@optusnet.com.au for details.
3. Our upcoming Fundraising Meeting will be held next Tuesday 13th October in the school library at 7.30pm. If you are interested in helping out at any of the above events or would simply like to join us, feel free to come along.

E-Smart Tip
Do you want to know if a game, app or website is appropriate for your child? A great way to find out information is to look it up on Common Sense Media. https://www.commonsensemedia.org/

RICKS
MOBILE BUMPER BAR REPAIRS
Rick George
14 Sylvia Grove
Ringwood 3134
Mob: 0409 078 782
Ph: 9847 0937
Science Talent Search 2015
Congratulations to Grade 56F for winning a Major Bursary of $200 (for Great Ryrie Primary School) for their Class Project, ‘Looking Good.’ They will be presented with a cheque on behalf of the school at an award ceremony at La Trobe University on Monday November 23. Also winning a Major Bursary of $45 was Ashley Newnham for his working model, ‘The Bike Generator.’ Arwen Hughes received a minor bursary worth $20 for her poster, ‘Life Needs Light.’ Certificates of Merit were awarded to Ethan Liu for his computer program, ‘Automation Control With Arduino’, Finlay Hughes for his poster, ‘Light at the Bottom of the Ocean’ and Trevin Tirikawala for his poster, ‘Dinosaur Poster.’ Dinali Tirikawala was awarded a Certificate of Acknowledgement for her working model, ‘Water Supply System.’ Well done to all these students, not only for the work which they put into their projects but also for going along on judging day and presenting their work to the judges. Thank you to the parents for their support.

ICAS Maths Competition
We are proud to announce the final results of the academic competitions for 2015:

Year 2
Stefanie Du Credit, Oliver Hanly Distinction, Varada Lele Distinction

Year 3
Bardia Bahrami Participation, Jacob Henry Credit, Sam McPherson Credit, Jackson Mooney Credit, Noah Mulligan Participation, Lawson Thomas Credit, Nikolas Vida Merit

Year 4
Renee Liu Credit, Sienna Neil Participation, Dinali Tirikawala Participation

Year 5
Emma Hanly Participation, Tom Jackson Credit, Sophia Lee Credit, Lucas McPherson Merit, Heath Murphy Credit, Ash Newnham Distinction, Abbianca Tang Participation, Zeb Zhi Participation

Year 6
James Allsop Credit, Josh Bird Merit, Gabriel Chan Credit, Sylvia Dang Credit, Simon Du Participation, John Hartweger Participation, Olivia Henry Participation, Sam Kerwin Distinction, Stephanie Kewley Participation, Hannah Murray Participation, Samuel Rhodes High Distinction, Kieren Tirikawala Participation, Casey Tucker Participation, Angelina Vida Credit, Caspar Witherspoon Credit

Congratulations to all these students on a superb effort.

LIBRARY
Welcome back to Term Four, the year is flying by very quickly.

BOOK CLUB
Book Club Issue 7 has been distributed to the classes, if you wish to order please have order and payment back to school by WEDNESDAY 21st October. Loop orders (parents ordering and paying by CREDIT CARD online) will be closed Wednesday 21st October. After this date you can still order, there will be postage and handling charge and your order will be delivered to your home.
Thank-you for your orders.
Chaplain’s Spot Term 4 Week 1 2015
Stomping out the ANTs [Sally-Anne McCormack]

In 2011 I purchased this book regarding Automatic Negative Thoughts. I thought it would be helpful to reprint these thoughts, because most of us struggle with negative thoughts at some time or other. Here are a few of her helpful suggestions to help us change to more positive thoughts.

1] Distraction – create a list of things you enjoy doing that might prevent you from dwelling on your worries – perhaps listening to music, ringing a friend, reading a book, going for a walk, doing a crossword or jigsaw puzzle.

2] Mindfulness/acceptance- notice your thoughts, instead of saying, ‘everyone hates me’, step back and say, ‘I notice that I am thinking that everyone hates me’. This ANT is only a small part of a larger scene.

3] Challenge your thoughts – can it possibly be true that no-one likes me? Think about those who do like you, such as family members, work colleague, doctor.

4] Worry time – set aside a half hour to allow yourself to worry about the things you need to. If worries pop into your mind during the day, say to yourself, ‘I’ll think about that later’, rather than let worries fill your mind and ruin the whole day.

5] ANT book – when an ANT pops into your head, write it in the worry book to deal with later. If it is really important we will give it the time we need to think about later.

6] Thought stopping – when you notice an ANT, you could say STOP to yourself, or clap your hands, to change what you are thinking. Stomp on the ANT in your mind.

7] Exercise – if we motivate ourselves to go for a brisk 20-30 minute walk every day, we can improve our mood too. Start small and build up as you can. Any exercise is worth it.

8] Sleep – there are a number of ways to teach people how to sleep more efficiently. Seek help from a professional in this area. Sleep can help to flush out the ANTs.

9] Sunlight – we need to take care, but we all need some sunlight daily, to ensure vitamin D levels, to help regulate our sleep patterns, and also help our bodies produce various chemicals including serotonin, which helps prevents ANTs.

10] Diet – researchers are realising the impact of foods on our mental health. Protein foods such as meat, poultry, fish, eggs and dairy products enhance mental health, and help us feel less anxious, worried. Foods rich in complex carbohydrates [whole grain cereals, brown rice, whole wheat pasta, vegetables and fruit] may help ward off low moods.

A pessimist is one who makes difficulties of his opportunities and an optimist is one who makes opportunities of his difficulties [Harry S Truman [1884-1972] USA]

Alan Silverwood – Chaplain
[silverwood.alan.a@edumail.vic.gov.au] Pastoral care for our community. [The Chaplaincy program is funded through the Federal Government & Community support. This is a voluntary program in our school community.] Feel free to contact me if you have something you would like to discuss.
COMMUNITY BUSINESS PARTNERSHIPS
We would like to acknowledge and thank the following sponsors for their support.
(For more details please see our website!)

ALL SMILES
Sorrento Ocean Beach & the Yarra Valley
Donate vouchers for all fundraising events
Phone: 9876 4044
www.allsmiles.com.au

ANT RENOVATIONS
Insurance Repair Specialist
Donate services for maintenance around the school.
Phone: 9720 7450
www.antrenovations.com.au
email: info@antrenovations.com.au

AMAZING TRANSFORMATIONS
COSTUME HIRE kindly donate all the wonderful costumes we use for school functions.
33 High Street Glen Iris, 9885 4714

BEAUTY ON RYRIE donate many beauty products and vouchers for all school fundraisers and events.
41B Great Ryrie St Ringwood, 9870 6766

BENDIGO COMMUNITY BANK (Heathmont & East Ringwood Branches) sponsor our school and along with Student Banking donate the following amounts for services taken out.
The amounts are
$400 for a Bendigo home loan greater than $250,000
$200 for a Bendigo home loan less than $250,000
$50 for a Bendigo equipment finance loan
$50 for a Bendigo personal loan
$20 for a Bendigo credit card
Heathmont branch: 9870 6654
East Ringwood branch: 9870 3655