

Chaplain's Spot

What would we give up?



How many people give up something for Lent? It is traditionally a religious activity, mainly for Christians at Easter, but many take part to try and make a difference in their life. Last year was the first time I participated. I gave up chocolate. I absolutely love dark peppermint chocolate. As a Christian I wanted to make a difference, as I changed the focus from a favourite food, and allowed my mind to review my life priorities.

What should you give up for Lent? Social networking was apparently the most popular vice to give up in 2017 according to a Lent Twitter Tracker. Chocolate is a traditional treat to give up for Lent and apparently the third most popular choice. Alcohol was the fourth most popular option, followed by chips, sweets and fast food. Others might include smoking, TV or computer games. Many pupils jokingly tweeted that they planned to give up school, and many others promised to forgo swearing and fizzy drinks.

We could all think of some things we might like to give up, many humorous. However, the idea is to give up something for a greater cause. Parents are most used to giving up their own dreams for the sake of their children. However, we all need a balance in our families, that allows us all to feel valued and live meaningful lives.

In a world where we are often told to 'look after number 1', it is a challenge to go against the flow, and make decisions that might change our lives in a significant way. May you be empowered in your personal and family life, to make those tough decisions, and change your world!

One-liner of the week: It is far more impressive when others discover your good qualities without your help.

Alan Silverwood – Chaplain [silverwood.alan.a@edumail.vic.gov.au]
Pastoral care for our community, Tuesdays, Thursdays & Fridays.

The Chaplaincy program is funded through the Federal Government & Community support including; "Inspire! School Chaplaincy Network", CCCVaT, Great Ryrie Primary School Council and local private and community donations.