

Chaplain's Spot

'A time for everything'

You have to accept whatever comes and the only important thing is that you meet it with courage and with the best that you have to give. Eleanor Roosevelt



Having balance in life is important. Accepting that balance is vital to our sense of wellbeing. We know that there is "a time to be born and a time to die, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance, a time to search and a time to give up, a time to keep and a time to throw away, a time to be silent and a time to speak". We know this because we have seen these seasons throughout our lives, and it is okay.

We can appreciate beauty much more if we have seen the broken parts of life. We can appreciate a rainbow, during or after the rain. When we accept that highs and lows are just part of life, we can be held strong by those aspects of life that are constant and strong, such as family, friends, and things we love.

In my earlier family life, I have dealt with my parents' conflict and break-up, and my Dad's cancer and death. There have also been family members with depression, and life choices that contributed to an early death.

However, I have been blessed with a wonderful wife, 3 great kids and 3 amazing grand-children. I have also enjoyed many years of special roles including being a Chaplain. These and my faith keep me strong. I love what I do, and I acknowledge that life won't always go the way I expect. That's okay!

Through all of life's experiences, draw on your inner strength, and realise the potential that is yours when you stay focused, whatever happens!

Quote of the week: "The way I see it, if you want the rainbow, you gotta put up with the rain." [Dolly Parton]

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Supporting the School community in emotional, social, spiritual and practical wellbeing. The Chaplaincy program is funded through Federal Government & Community support including; "Inspire! School Chaplaincy Network", CCCVaT, Great Ryrie Primary School Council and local private and community donations.